

INDEX

A

AARP

See American Association of
Retired Persons

Abuse R-2

Abuse, Virginia Coalition
for the Prevention of Elder R-30

Activities
of daily living R-2

Activity Helpers Checklist R-2

Adult Home Association, R-15
Virginia

Aging
Administration on R-78

Aging, Dept for the R-92
Insurance Counseling/
Assistance Program R-117

Location information R-95

Services table R-94

Area Agencies on
Aging R-95

National Council on the R-5

Alzheimer's R-9

Association R-9

chapters R-9

American Association of
Homes and Services
for the Aging R-14

American Association
of Retired Persons R-10

membership R-11

Apartments R-11

Assessment 6, R-13

Assessment Information

Resources Checklist 8

See also Family Services,
Home Care, Virginia Area
Agencies on Aging, Dept of
Health, Dept of Social Services

Assisted living
facilities 38, R-14

**Assisted Living
Facility Checklist R-16**

B

Blind
guide dogs R-27

seeing eye dogs R-27

Virginia Industries
for the Blind R-118

See Also Visually Handicapped,
Dept for the R-118

C

CCRC

See Continuing Care
Retirement Communities

Caregivers 2, R-20

Caregivers Grant Fund,
Virginia R-20

Caregivers Association
National Family R-20

Community services R-20
for regional referrals R-21

Complaints R-21
ombudsmen

Complaints Checklist R-22

Conservator,
See Guardianship

Continuing Care Retirement
Communities 31, R-23

contracts 33, R-23

fees	34, R-24
financial assistance	35
regulation	35
Costs	R-25
See also Financial Resources Checklist	R-26

D

Day care centers, adult	23, R-4
Day Care Services/Facilities Checklist	R-6
Day Services Association, National Adult	R-5
Deaf	
See Virginia, State of Rehabilitative Services, Dept of	R-108
Dialysis	
kidney	R-40
Disabilities, Dept of	R-109
Rights of Virginians with	
Dogs	
Foundation	
for the Blind, Guide Dog	R-27
guide/seeing eye	R-27
Southeastern Guide	R-27

E

Elder Abuse, Virginia Coalition for the Prevention of	R-30
EnergyShare	R-28

F

Family Services	R-110
Financial Resources Checklist	R-26

G

Guardianship	R-28
Guardianship Checklist	R-29
Guide Dog Foundation for the Blind	R-27
Guiding Eyes for the Blind	R-27

H

Health Care Association, Virginia	R-16
Health Care Financing Administration	R-30
Health Care Organizations, Joint Commission on Accreditation of	R-40
Health, Dept of	R-100
Health Information, Virginia	R-39
Health Plans, Virginia Association of	R-39
Health Professions, Dept of	R-100
Licensing Board	R-101
Health Quality Center, Virginia	R-60
Home care	12
community-based services	18
See also community services;	
foster/family care	21
medical home care services	17
supportive services, in-home	15
See also Long-term Care Provider Directory, VHI; Medicare; Medicaid; Virginia Dept for the Aging; Dept of Social Services	
Home Care Checklist	R-31
Home Care, National Association for	R-34

Homes for the Aging, Virginia Association of Nonprofit Homes/Services for the Aging, American Assoc of Hospital and Healthcare Association, Virginia Hospitals Hospital Assn., American Medical Colleges, Assoc of American Patient's Bill of Rights Housing and Urban Development, Dept of Housing Development Authority, Virginia

I

Indian Council on Aging, National Insurance, health plans, types Insurance, Bureau of Virginia Insurance Counseling and Assistance Program State Corporation Commission Insurance Commissioners, National Association of

I

Joint Commission on Accreditation of Health Care Organizations

K

Kidney. dialysis. transplantation (also other vital organs) See Medicaid Medicare

L

Law Center, National Senior Citizens Legal assistance Legal Aid of Central Va Licensing and regulation Center for Quality Health Care Services Certificate of Quality Assurance consumer protection Health Care Financing Administration Health, Dept of Health Professions, Virginia Dept of Social Services, Dept of State Board of Examiners State Corporation Commission, Bureau of Insurance Long-Term Care Insurance financial ratings contacts **Guidelines Checklist** **Policy Checklist** State Corporation Commission Underwriter/Agent/Broker Checklist

M

Meals	
as a community service	19
Medicaid	R-54
Medical Colleges,	
Association of American	R-37
Medicare	R-57
<i>Medicare Handbook</i>	R-60
Mental Health, Mental	
Retardation and Substance	
Abuse Services, Dept of	R-106

N

Native Americans	R-60
National Indian Council	
on Aging	R-60
National Institute on Aging	R-80
Nonprofit Homes for the Aging,	
Virginia Association of	R-16, R-25
Nurses Assoc, Virginia	R-74
Nursing facilities	44, R-61
skilled nursing facilities	44, R-61

Nursing Facilities**Features/Options Checklist R-68**

See also

Long-term Care Provider	
Directory, VHI	
Nursing Credentials	R-74

O

Ombudsman programs	R-74
Ombudsman, Office	
of the State Long-term Care	R-101
Ombudsman, Office of	
Managed Care	R-43

P

Patient	
records	R-75
release consent form	R-75
privacy	R-75
restraint	R-76

Physicians

American Board of	
Medical Specialties	R-76
ABMS education program	R-76
Prevention of Elder Abuse,	
Virginia Coalition for the	R-76

Problems/Complaints

Checklist	R-22
Psychogeriatric Facilities	R-107

Q

Quality Assurance,	
Certificate of	R-41
Quality Center,	
Virginia Health	R-60

R

Railroad Retirement Board	R-77
Recreation	
as community service	21
Regulation authorities	R-41
Rehabilitative Services,	
Dept of	R-108
Retardation and Substance	
Abuse Services, Dept of	
Mental Health, Mental	R-106
Residential care	27, R-77
assisted living	R-14
CCRCs	R-23
nursing facilities	R-61

Restraint, patient R-76
 Code of Virginia R-91
 Richmond Friends
 and Relatives R-20
 Rights of Virginians with
 Disabilities, Dept of R-109

S

SCC
 See State Corporation Commission
 Senior Citizens
 Law Center, National R-30
 Social Security
 Administration R-79
 Social Services, Dept of R-110
 Adult Protective
 Services Hotline R-110
 Family Services R-110
 Regional Offices R-111
 State Corporation
 Commission R-53, R-113
 State Licensing Board R-101
 State Long-term Care
 Ombudsman, Office of the
 of the R-101
 local ombudsmen R-102
 Substance Abuse Services,
 Dept of Mental Health,
 Mental Retardation and R-106

T

Tax Relief R-113
 See also Virginia, State of
 Taxation, Dept of
 Transportation
 as community service 20
 Transportation, Dept of
 Rail and Public R-117

R-124

U

United States Government R-78
 Aging, Administration on R-78,R-95
 Health Care Financing
 Administration R-78
 Health/Human Services R-79
 Medicaid R-54
 Medicare R-57
 Social Security Adm
 Benefits R-79
 SSI R-79
 Veterans Administration R-79
 Medical Centers R-79
 Insurance R-79
 Tricare R-79
 CHAMPVA R-80

V

Veterans Administration R-79
 Virginia, Code of R-81
 Adult day care R-82
 Assisted living facilities R-82
 CCRCs R-85
 Guardian R-85
 Housing for disabled R-86
 Medication/Administration R-86
 Patient records/privacy R-86
 Patient restraint R-91
 Virginia Housing
 Development Authority R-101
 Virginia, State of R-92
 Aging, Dept for the R-92, R-94
 Insurance Counseling/
 Assistance Program R-117
 Location information R-95
 Services table R-94
 Area Agencies on Aging R-95
 Corporation Commission R-53,R-113

Virginia, State of (continued)	
Deaf and Hard of Hearing	
Dept for the	R-99
Health, Dept of	R-100
Health Professions, Dept of	R-100
Licensing Board	R-101
Housing and Community	
Development, Dept of	R-101
Insurance Counseling	
and Assistance	R-117
Long-term Care Ombudsman,	
Office of the State	R-101
Local Ombudsmen	R-102
Medical Assistance	
Services, Dept of	R-56, R-106
Mental Health, Mental	
Retardation and Substance	
Abuse Services	R-106
Psychogeriatric Facilities	R-107
Rehabilitative Services,	
Dept of	R-108
Rights of Virginians with	
Disabilities, Dept of	R-109
Social Services, Dept of	R-110
Adult Protective	
Services Hotline	R-110
Family Services	R-110
Regional Offices	R-111
Taxation, Dept of	R-113
Tax Relief	R-113
Locations with	R-115
Transportation, Dept of	
Rail and Public	R-117
Visually Handicapped,	
Dept for the	R-118
Virginia Industries for	
the Blind	R-118

CHECKLISTS

Activity Helpers Checklist	R-2
Adult Day Care	
Services/Facilities Checklist	R-6
Assisted Living Facility Checklist	R-16
Assessment Information	
Resources Checklist	8
Financial Resources Checklist	R-26
Guardianship Checklist	R-29
Long-Term Care Insurance	
Guidelines Checklist	R-48
Policy Checklist	R-52
Underwriter/Agent/Broker	
Checklist	R-49
Nursing Facility Features	
and Options Checklist	R-68
Problems and Complaints	
Checklist	R-22

ASSOCIATIONS/ORGANIZATIONS

Alzheimer's Association R-9

American Association
of Homes and Services
for the Aging R-14

American Association of
Retired Persons/AARP R-10

American Board of
Medical Specialties R-76

American Hospital Assn R-36

Association of American
Medical Colleges R-37

Legal Aid of Central Va R-30

National Association for
Home Care R-34

National Association
of Insurance Commissioners R-53

National Adult Day Services
Association R-5

National Council on the Aging R-5

National Family Caregivers
Association R-20

National Indian Council
on Aging R-60

National Institute on Aging R-80

National Senior Citizens
Law Center R-41

Richmond Friends & Relatives R-20

Virginia Adult Home
Association R-15

Virginia Caregivers Grant Fund R-20

Virginia Coalition for the
Prevention of Elder Abuse R-76

Virginia Health Information R-39

Virginia Health Quality Center R-60

Virginia Hospital and
Healthcare Association R-37

Virginia Industries for
the Blind R-118

Virginia Nurses Association R-74

LONG-TERM CARE: A CONSUMER'S GUIDE

is intended to serve only as a general guide to Virginia services and facilities. Descriptions of services and facilities are presented as they are available to the public generally and/or as they have reported in current data or by reliable sources and made available to The Virginia Department for the Aging (VDA) and/or VIRGINIA HEALTH INFORMATION. Information herein is not legally descriptive or promissory.

The Virginia Department for the Aging and VIRGINIA HEALTH INFORMATION, their directors and its contractors cannot be held responsible for information presented herein that may have changed or be incorrect at the time a caregiver, potential resident or patient of a facility seeks or is provided long-term care services.

The reader should always verify any published data with a physician, the appropriate licensing or regulatory agency, the facility or the service provider prior to making a long-term care decision and/or prior to receiving services.

VDA and VHI, their directors, and contractors make no recommendations herein, real or implied, concerning the services or facilities described herein.

Agencies and departments of the commonwealth of Virginia have provided information supportive of the material in the guide based on prevailing Virginia administrative guidelines and generally available information at the time of publication. However, administrative guidelines and statutes are subject to change and VDA and VHI make no recommendations or promissory statements, real or implied, concerning the availability or appropriateness of any specific services, facilities or regulations discussed in this guide. VDA and VHI also suggest that the reader verify any service, insurance product or facility's credentialing, certification and/or licensing status before making a long-term care decision.