



Severe Weather...

Are You Ready?

A checklist

Store enough of each item to last a week.

- Flashlights. Extra batteries for flashlights, hearing aid and medical devices.
- Canned food or other food that is non-perishable.
- Hand-operated can opener.
- Battery-powered radio or television.
- Bottled water (one gallon per person per day).
- Prescription, non-prescription drugs.
- Extra medical supplies, like oxygen and syringes, if needed.
- Extra pair of eyeglasses.
- First aid kit.
- Personal hygiene items like soap and toothpaste.
- Blankets and warm clothing, including hats and gloves.
- Sand or salt to put on steps to keep from slipping in icy weather.



1-800-552-3402 (Voice/TTY)

Severe Weather...

Are You Ready?



Storms can bring high winds, rain, lightning, snow, or ice. It may be hard to contact someone if severe weather causes you to lose electricity or phone service. Here are some tips on how to prepare for severe weather in any season:

- Talk with your family, friends, and neighbors to prepare for emergencies.
- Make sure your car's gas tank is full.
- Prepare a suitcase in the event you have to go to a friend's house or a shelter.
- Have enough cash to pay for food, fuel, and medical care for several days.
- Make a list of key phone numbers, including emergency numbers. Be sure to have enough change for a pay phone.
- Make sure you have blankets or extra clothes to stay warm—summer or winter.

If you lose electric power...

- Don't use open flames, charcoal grills, candles, or camp stoves indoors.
- If you use a generator, follow all safety recommendations. Improper use can cause a fire or electrical problems.
- Be alert for friends or emergency personnel at your door. You may need to go to a shelter. Check on friends and neighbors to make sure they are safe, too.