



DARS

VIRGINIA DEPARTMENT FOR AGING
AND REHABILITATIVE SERVICES

*Supporting Virginians' efforts
to secure independence and employment*



DRAFT
STATE PLAN FOR AGING SERVICES
October 1, 2023 – September 30, 2027

Virtual Public Hearing

April 18, 2023
2:00 PM – 4:00 PM

Planning: Why It Matters



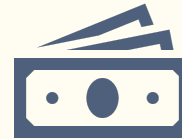
10,000 Americans turn 65 everyday



By 2060, nearly 1 in 4 Americans is projected to be an older adult



Seniors volunteer, vote, and donate to charity at higher rates than any other generation



1 in 3 seniors is economically insecure, with higher rates among women and people of color



Nearly 95% of seniors have at least 1 chronic health condition



2.5 million grandparents report taking care of grandchildren's needs



State Plan for Aging Services Requirements

FY 2024 – 2027
Now in
Development

Federal
Requirements &
Approval
(OAA & ACL)

State-Level
Requirements,
Approval, and
Reporting

Needs Assessment,
Stakeholder
Engagement, and
Public Comment

[ACL Guidance for State Plans \(2021\)](#) and [§ 51.5-136](#)



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Required Federal Components



Verification of Intent



Context (Narrative, Background, and Needs Assessment)



Goals, Objectives, Strategies, Measures & Outcomes



Attachment A: Assurances



Attachment B: Information Requirements



Attachment C: Intrastate Funding Formula (IFF)

Required Federal Topic Areas

Older Americans
Act (OAA) Core
Programs

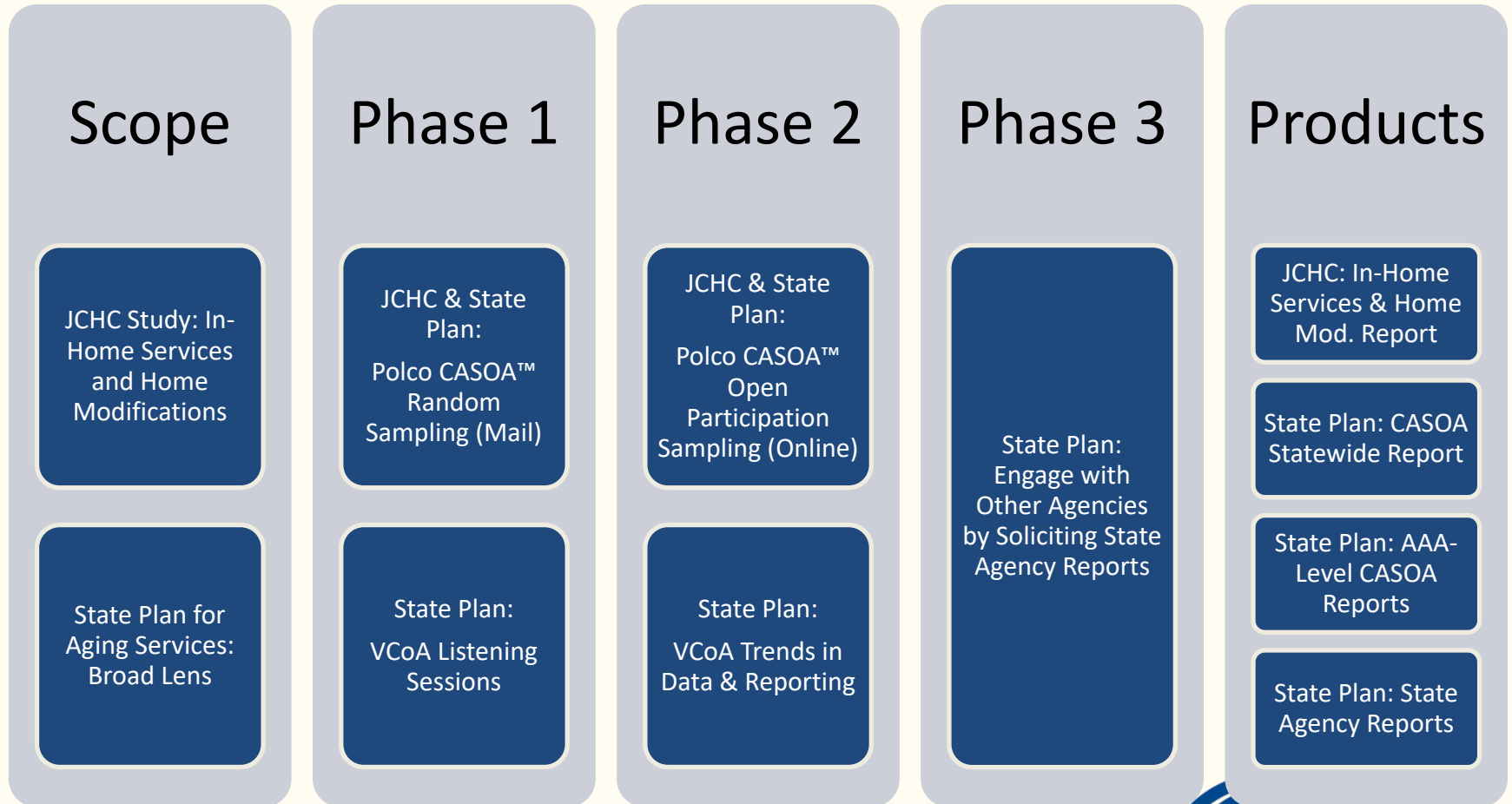
COVID-19 Recovery

Advancing Equity

Expanding Access
to Home &
Community-Based
Services (HCBS)

Building a
Caregiving
Infrastructure

Needs Assessment Process



AAAs: Area Agencies on Aging

CASOA: Polco's Community Assessment Survey for Older Adults™

JCHC: Joint Commission on Health Care

VCoA: Virginia Center on Aging

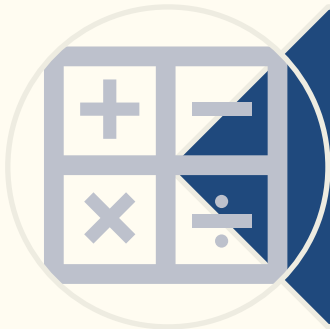


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CASOA Findings



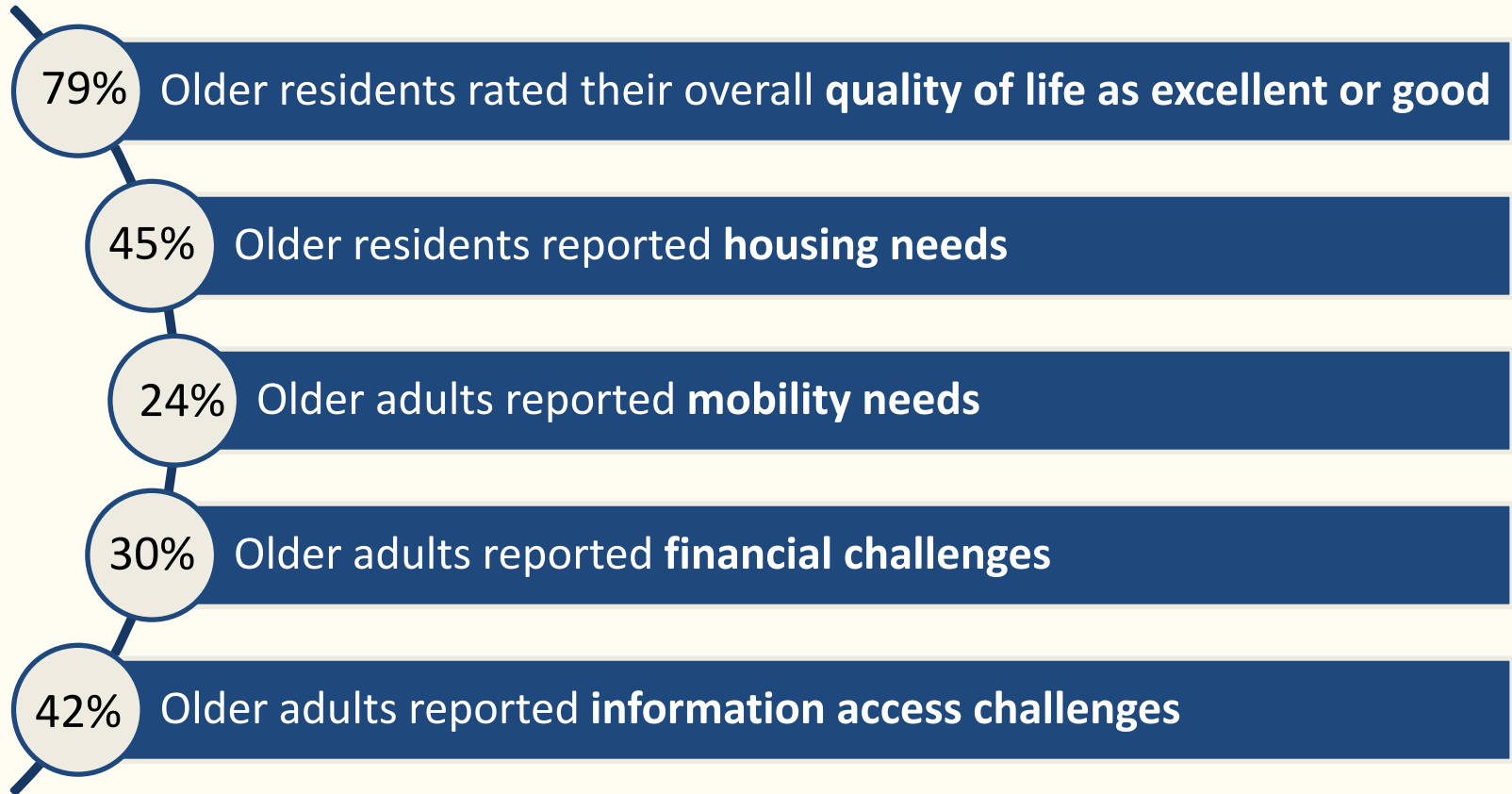
It is estimated that older Virginians contribute **\$38.5 billion annually** to their community through employment, volunteerism and caregiving.



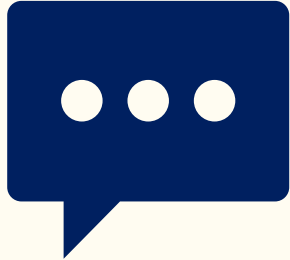
Compared to national benchmarks, Virginia's results are **typical** for Community Livability measures and Older Adult Challenges measures



More CASOA Findings



Full survey reports are on the [DARS website](#).



VCoA Listening Session Themes

Abuse in Later Life

Accessibility

Aging in Place

Caregiver Support

Education/Awareness at All Levels

Finances/Income-Related

Healthcare

Housing

Legal Assistance

Stereotypes of Aging

System/Organizational Barriers

Workforce Retention/Expansion

VCoA's full report is on the [DARS website](#).



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VCoA Listening Session Opportunities

Education & Training

- Virginians want and need investments in education and training for both the workforce and the general public.

Outreach & Marketing

- Older adults (and their caregivers) can benefit from increased awareness of services and supports.

VCoA's full report is on the [DARS website](#).



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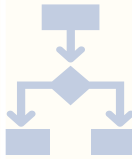
New Plan Guided By:



Needs Assessment
Results



State Agency
Reports



Increased Focus
on Outcomes



Enhanced
Partnership Efforts



Active Grant
Opportunities



Ambitious but
Achievable



Draft State Plan Goals

- Goal 1 • Provide high-quality, innovative core Older Americans Act (OAA) programs
- Goal 2 • Deliver evidence-based programs that encourage healthy, active, and engaged lives
- Goal 3 • Promote access to aging and community services for older Virginians with the greatest economic and social needs
- Goal 4 • Bolster awareness of and increase access to person-centered long-term services and supports (LTSS)
- Goal 5 • Improve access to resources and services that support caregivers

Goals are Tied to the
5 Required Federal Topic Areas

GOAL 1: Objectives

Provide high-quality, innovative core Older Americans Act (OAA) programs

Virginia Offers a Menu of OAA Supportive Services, Nutrition Programs, Health Promotion Programs, Caregiver Services, and Elder Rights Programs

OAA Services are Effective & Efficient

Nutrition Services & Reducing Malnutrition

Senior Community Service Employment Program (SCSEP)

Adult Protective Services & Elder Abuse Prevention

State Long-Term Care Ombudsman Program

Dementia-Capable Virginia



GOAL 2: Objectives

Deliver evidence-based programs that encourage healthy, active, and engaged lives

Effective Use of COVID-19 Response Funding

Health Promotion, Disease Prevention, Vaccine Awareness

Address Social Determinants of Health & Reduce Social Isolation

Older Adult Mobility & Driving



GOAL 3: Objectives

Promote access to aging and community services for older Virginians with the greatest economic and social needs

Person-Centered Information & Referral

Targeting OAA Services to Older Adults with the Greatest Economic & Social Needs

Senior Medicare Patrol (SMP)

Falls Prevention & Evidence-Based Programming

Virginia Insurance Counseling & Awareness Program (VICAP)

Government Access & Cultural Engagement Opportunities



GOAL 4: Objectives

Bolster awareness of and increase access to person-centered long-term services and supports (LTSS)

Barrier-Free, High-Quality, Person-Centered Long-Term Services and Supports (LTSS)

Options Counseling, Care Transitions & Care Coordination to Reduce Hospitalizations & Institutionalization

Accessible, Affordable, Integrated Housing Options

Interagency Partnerships for Coordinated Services



GOAL 5: Objectives

Improve
access to
resources
and services
that support
caregivers

Menu of High-Quality Caregiver Services &
Supports

Coordinated Statewide Planning to Support
Caregivers



Selected Outcomes

Short-Term

- More older Virginians who are eligible will receive SNAP benefits and participate in the Senior Farmers Market Program
- Virginians will have increased awareness of and be more easily connected to services across the continuum

Intermediate-Term

- AAA services reach more Virginians who have the greatest economic and social needs
- Virginians will receive coordinated home and community-based services that reduce unnecessary emergency department visits and hospitalizations
- Caregivers who use the Lifespan Respite Voucher Program will report reduced caregiver burden and high satisfaction with the Program

Long-Term

- Older adults experience decreased food insecurity/malnutrition and improved nutritional health
- Virginians will remain in their homes and communities longer, thus generating systemic cost avoidance for more expensive institutional services



Intrastate Funding Formula (IFF)

Purpose

- Distribute OAA funds to the 25 AAAs across Virginia based on population factors & weights
- Intended to target funding to older Virginians with the greatest economic & social needs

Why Change?

- Federal concerns
 - Last updated 10+ years ago
 - Outdated figures
 - Reexamine base funding
- Need for technical changes to conform to new federal IFF guidance

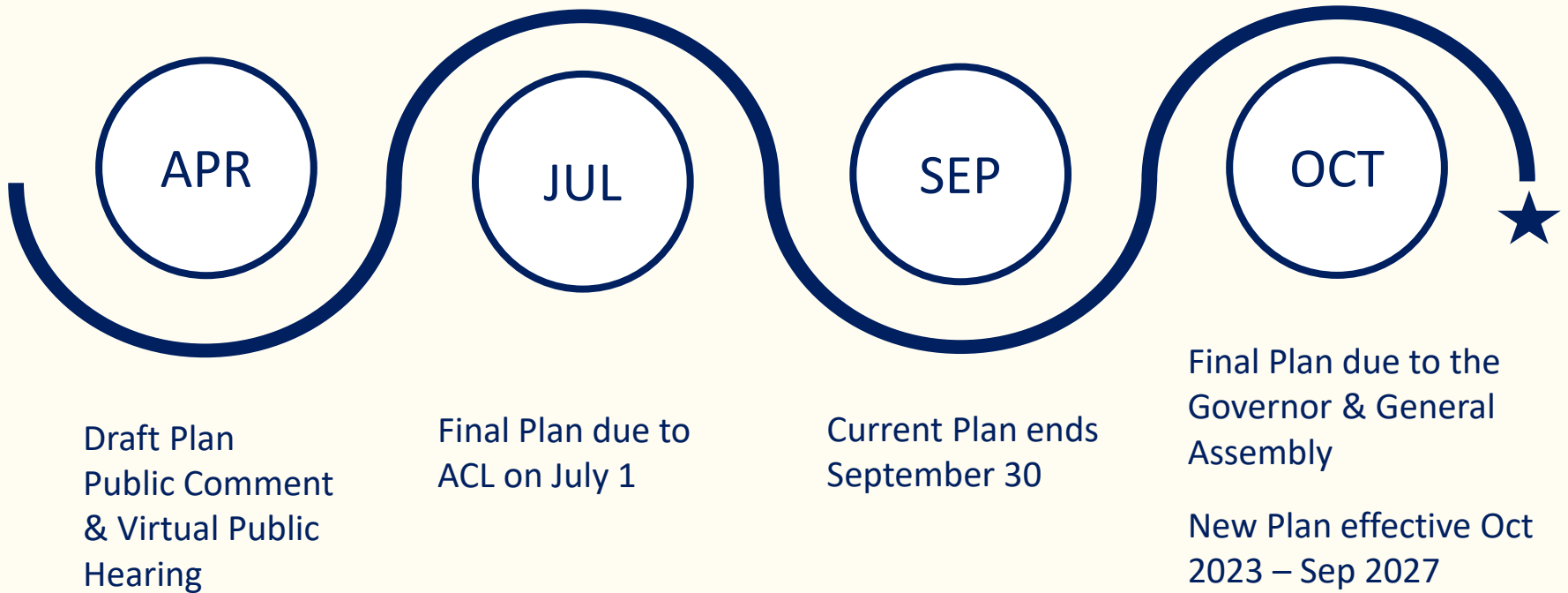
New IFF

- 40% Rolling Base
- Factors & Weights:

Weight	Factor
50%	60+ in Poverty
20%	60+
10%	60+ in Rural Areas
10%	60+ Minority in Poverty
10%	Share of Population (Density)



Timeline



Special Thanks To:

Virginia Association of Area Agencies on Aging (V4A)

Virginia Center on Aging (VCoA)

UVA Weldon Cooper Center Demographics Research Group

Polco



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Questions? Public Comments?

To Review the Draft State Plan for Aging Services
& Related Materials, Visit the DARS Website:

<https://vda.virginia.gov/stateplans.htm>

Submit Public Comments to:

stateagingplan@dars.virginia.gov

Public Comment Deadline: May 5, 2023.



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Save the Date!

May 8 – 9, 2023

Virginia Governor's
Conference on Aging



www.vgcaging.com

May 10, 2023

Dementia Capable
Summit



www.vda.virginia.gov/boardsandcouncils.htm

We hope to see you there!



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